

Citizen-Powered Media

Sustainability Television is powered by people like you... people who get involved and help each other, their families and communities to live healthier, happier and more sustainably.

Become a member now and you'll make new friends and connect with individuals, organizations and businesses, like the ones in this book, that share your passion and values for healthy living in a sustainable community.

Who wants to improve their "Environmental IQ"? We help connect you with innovative ideas from all around the world. Our sponsors, like Green Zebra, Benjamin Brown Books, The Sierra Club of BC, and Roots and Wings



Montessori, are all great examples of organizations that want to help people like you enhance your quality of life.

Sustainable living begins simply...

Why not start in your own home? Preform Construction can help you build your green home faster and more economically than you ever imagined. There are many ways to reduce the use of fossil fuels, electricity, chemical dependency, and discover the many alternative options that support healthy living environments.

By moving to a more sustainable way of living, relationships and health naturally improve. Enjoy a

refreshing energy boost from the raw and organic foods at Rocky Mountain Flatbread and UBC Farm. Reduce stress and increase your vitality, alertness, and physical wellbeing with the fitness offerings at Semperviva and YYoga.

Get involved and see the difference we're making together!

Join us online at:

www.SustainabilityTelevision.com

- **News and Blogs**
- **Videos**
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Contact us at 604.685.8846 to become a Sponsor.

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